

NEWSLETTER

HCBCA

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HUNTINGDONSHIRE

COACHING NEWS

MEMBERSHIP



MY JOURNEY FROM A PLAYER TO COACH

Like most kids I was always enthusiastic about taking part in sports. I was born in Lahore but due to my dad's job lived mostly in Sheikhpura (20 miles from Lahore). When I was 14, hockey was the first sport I found myself interested in the most. It wasn't by choice in fact I had a friend whose dad was a Pakistan hockey Olympian. He had lots of hockey sticks at home. He used to lend us the hockey sticks. Nearby school where we used to study had a ground so it was convenient and marginally acceptable to my parents as well. I found hockey wasn't to be the sport for me. The reason I would say now because not much thinking involves in it or probably my friend moved away from the school which was not so convenient any more. He ended up being an Olympian himself later on. When I went to college I had another friend who was a good basket ball player. I end up playing basket ball. We used to go to college and play basket ball most of the day without worrying about studies. One day my mum noticed that my college shoes were getting worn out very quickly. She raised that concern to her college principle husband (my dad was a college principle in another college). My dad's natural determination to address any issue around him and after using some part of his detective talent he found out the reason. So I had to declare myself unavailable to my friend for basket ball. I ended up playing cricket at home with my brothers and neighbouring friends. Off course we had to play with a soft ball and some sort of bat.

In 1985 I started studying in Lahore. This offered more freedom to my sporting ambition. Without asking or telling my parents I joined the college cricket team. I started life as a fast medium bowler who could bat. After someone mentioned that I may have a suspect action I started to bowling leg spin. In those days Abdul Qadir was confusing batsmen all over the world. I started thinking about cricket more than any of the other sports I played before. I found that in cricket if you are clever you can become a better player in shorter period of time. In one year I was the best player of my college team. Next year I was made captain and we won the championship after many years. Then I joined the club in Sheikhpura and soon I was made captain. Now cricket became the only thing which I used to think about. Knowing about the game and passing on my knowledge to other players was my passion. The club I was with started producing good results with more and more youngsters joining in. I was happy giving these youngsters a chance to play as they wanted to do well rather than the older players who wanted to play cricket as a hobby. Gradually my club became the best in the whole area. The club produced many first class cricketers including four international cricketers. Aaqib Javed, Muhammad Asif, Rana Naved and Kashif

Raza all playing for Pakistan. In the mean time I was playing club cricket in Lahore with players like Wasim Akram, Ata u rehman, Shakeel Khan, Ijaz Ahmed, Muhammad Hussain. I learnt a lot in the company of these players especially from our captain Saood Khan. I played lot of three day cricket and some first class cricket. In 1999 I averaged 84 runs with the bat (fourth in the country) in first class and in the same year I won the best fielder award in the national one day championship (Tissot Cup).

In 1999 I came to play league cricket in a club in the Birmingham league for Water Orton Cricket Club. I scored 2200 runs and took more than a 100 wickets for the club. Coaching their youngsters was part of the contract. UAE's U17 team were touring England and Water Orton's U17 were invited to play a friendly against them. In a tight match we managed to beat them. I remember it being a moment of joy for each and every member of the club. Being the coach of that team I was proud of the fact that a club side beaten a national side.

The next year I was invited to play for Market Deeping Cricket Club in the Lincolnshire Premier League where I played my cricket for six years winning numerous batting and bowling awards for the league and the club. At MDCC I played alongside two excellent slip fielders "Gilly and Maca" they used to catch for fun. For me they were the best slip fielders I have come across in cricket. In a friendly match with Godmanchester Cricket Club Kevin Clement the Hunts CDM asked me to get involved in the development of Hunts cricket. This was an excellent opportunity for me to fulfil my desire to become a fulltime coach. I did my level 1 in 2003 at Headingley Leeds and then my level 2 in 2004 at Lincoln. Mark Fell the Lincolnshire CDO at time recommended me for the level 3 which I successfully completed 2006.

Another local club Nassington Cricket Club had some very good youngsters and an excellent youth cricket development programme set up by Mallie Bandaranaike their Youth Cricket Development Officer. I joined the club to get more opportunity to help develop these young cricketers. In 2008 club became Cambridgeshire and Huntingdonshire Premier League Champions with a very good mixture of young and experienced players.

I have always had the desire to make my living through cricket coaching. Hunts Cricket Board recognised my coaching aspirations and forwarded my name to the ECB for an interview to see if I could get a place on the next level 4. I managed to learn how to use power point one day before the interview and felt very confident coming out of the interview.



After few days I received an email from ECB informing me that I was successful and offered me a place on the course. I felt great. Now I am well on my way to learning all the skills which are essential to become the best coach possible.

MOHAMMED HAROON - ECB LEVEL 3

HUNTS YOUNG COACHES DEVELOPING WELL

The Hunts u17 squad won Division 2B of the County Championship in 2011 winning 3 of their 4 games by beating Cambs, Norfolk and Suffolk. The squad contained 5 players who have taken their Level 1 coaching qualification in the last 2 years. U17 Coach and Tutor Dave Summers commented that he hopes the progress made in young player development would continue and that young players being able to take their Level 1 coaching course at 16 would remain an important step in this process. Dave remarked that several of the young players had commented on how the self reflection and coaching process had helped them take further responsibility for their own development and start to understand how important being able to self coach was not only for the benefit of their own game at county but also club level. The players clubs were benefiting as well with the coaches supporting the running of youth practice sessions. Level 1 coaches pictured in the front row are: Daniel Bandaranaike, Robert Sayer, James Trafford and Daniel Robinson. Josh Bowers was unavailable for the game v Cambs where the picture was taken.



Back Row L to R: Nadir Haider (PTCC) Alex Marsh (BuckdenCC) Marcus Howard (PTCC) Mallie Bandaranaike-Manager Jack Skidmore (Godmanchester Town CC) Elliot Cafferkey (Ramsey CC) Laurie Marsh (Buckden CC) Dominic Farr (Waresley CC)
Front Row L to R: Muhammad Haroon-Coach Daniel Bandaranaike (Nassington CC) Joe Dawborn (Godmanchester Town CC) Robert Sayer-Capt (PTCC) James Trafford and Daniel Robinson (both Nassington CC) David Summers-Coach

HCBCA AGM SUNDAY 4TH DECEMBER

HCBCA AGM will be held on **Sunday the 4th December** at Stanground College. Like last year the AGM will take place over a free buffet lunch. Either side of the AGM we will be delivering specialist sessions the first on **Batting** (by Muhammad Haroon) and **Fast Bowling** (by former England pacemen Chris Silverwood and/or Paul Jarvis). The second on **Sports Psychology** by Bevis Moynan. The event will start at 10:30 am and we hope to finish by 2pm. Please get there for coffee and registration at 10:15am.

SKY SPORTS AWARDS



Peter Waughman receiving his Sky Sports Award from Michael Holding for "Outstanding Contribution and Services to Cricket Coaching."

PROFILE - PETER WAUGHMAN

I am the Youth Co-Ordinator and Welfare Officer for Houghton and Wyton Cricket Club. I have been involved with the club since 1995 when I moved to the village with my family. The incentive for me to set up a youth cricket team was sparked when in 2004, the cricket club was on the verge of folding and it became apparent that we needed young players coming through to ensure the longevity of what has always been an integral part of our village.

My love of cricket was born at Kenilworth Cricket Club (Warwickshire) where I enjoyed 20 years of playing. The club not only taught me how to play, but also the importance of having a great social time too.

I got involved in coaching when I was taking my children, Tom and Ella, to cricket training at St. Ives, and thought I would rather be involved in helping, than just standing around watching. Since then I have taken both my level 1 and level 2 coaching badges and have helped coach junior sides at Godmanchester and also helped coach at the County Ground in Northampton, when Ella was representing the Under 13 and Under 15 County teams. In November I will be starting the Club Coach Awards which I hope will broaden my coaching knowledge even further.

LET'S TALK

If you have any ideas on events we could organise or anything else that may benefit yourselves and other coaches please talk to your area representatives.

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WOMEN & GIRLS - NICOLA McCREADY
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